

### **PRESENTS**

## **AN EDUCATION WORKSHOP**

OCTOBER 20, 2017 9:00 AM — 4:00 PM

For CUPE Local 606 Members Only

# STEWARD LEARNING SERIES

Calling all stewards! CUPE is proud to continue with our exciting education program - the Steward Learning Series. This series recognizes that the steward has an important role to play in a number of areas in the workplace and the union. It provides an opportunity for stewards to explore a number of topics - all from a steward's point of view. At this workshop we will offer:

### **Understanding Mental Health**

Explore the steward's role in supporting and representing members around mental health and mental illness. Learn what to do about stigma, and how to approach a conversation with a member about a possible mental health issue.

# Steward Learning Series:

• Understanding Mental Health

OCT 20, 2017 9:00 AM - 4:00 PM

Note: Prerequisites - "Introduction to Stewarding" workshop and some practical experience as a steward.

Please bring your: Collective Agreement,
Steward Handbook and
Steward Learning Series Passport

#### Location:

John Barsby Secondary School 550-7<sup>th</sup> Street Nanaimo, BC V9R 3Z2

### Registrar:

Debbie Churchill Phone: 250-729-0842 Email: cupe606@shaw.ca

**REGISTRATION DEADLINE: October 6, 2017** 

#### **SPONSORED BY:**

CUPE Union Development and CUPE Local 606

# **REGISTRATION FORM**

Steward Learning Series - Nanaimo - Oct 20, 2017			
NAME	PHONE NO.	LOCAL	
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PLEASE RETURN WITH THIS PORTION TO:			
CUPE Local 606 11/12-1850 Northfield Road Nanaimo, BC V9S 3B3			
<b>Phone:</b> (250) 729-0842 • <b>E-mail:</b> cupe	e606@shaw.ca		
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