

#### CUPE'S NATIONAL CONVENTION

October 23 – October 27

Email: convention@cupe.ca Web: cupe.ca Hashtag: #cupe2023

#### CONGRÈS NATIONAL DU SCFP

23 octobre – 27 octobre

Courriel : congres@scfp.ca Internet : scfp.ca Mot-clic : #scfp2023

## PRONOUNS AND GENDER DIVERSITY

There is space on your badge to write your pronouns.

We use pronouns to describe people. Pronouns are important; they reflect our gender identity (how we experience our gender) and gender expression (how we express our gender to others).

#### **EXAMPLES OF GENDER**

man
woman
two-spirit
trans
nonbinary
and many more

# **EXAMPLES OF PRONOUNS**

he/him/his
she/her/hers
they/them/their
ze [pronounced zee]
sie [pronounced see]
zie [pronounced zee]
hir [pronounced hear]



### **HOW TO USE PRONOUNS**

I saw Alex at lunch, and *they* looked tired. *They* said *their* injury got worse with the speedup. I encouraged *them* to come to the union meeting. Workload is on the agenda.

I saw Alex at lunch, and **ze** looked tired. **Ze** said **hir** injury got worse with the speedup. I encouraged **hir** to come to the union meeting. Workload is on the agenda.

Sometimes we share our pronouns at the start of meetings and workshops. Hi everyone, my name is Alex. My pronouns are **she** and **her**.

Making jokes about pronouns, pressing someone for theirs, belittling trans folk – these and other offensive actions violate our Equality Statement and Code of Conduct.

If you see or hear hurtful behaviour, challenge it. For help, contact an ombusdperson.

For more information, see the Allies on Gender Diversity document at cupe.ca/diversity-gender

