

## Environmental service workers ESW Managers Share your COVID experience!

### The COVIDEM project

**COVIDEM** is a pan-Canadian research project funded by the Canadian Institutes of Health Research (CIHR) to explore the psychological distress experienced by environmental service workers (ESW) during the COVID-19 pandemic

**Context:** Environmental service workers in hospitals are on the front line of the fight against COVID-19. They expose themselves, put themselves at risk and work tirelessly to ensure the safety of all patients and hospital staff. However, these tasks and responsibilities can cause the ESWs to experience heightened psychological stress, or distress. It is thus crucial to learn more about the experience of these essential front line workers.

**The team:** The principal investigators of this project (Dr. Marie-Hélène Chomienne and Dr. Jean Grenier) in partnership with CUPE, HIROC, HealthCareCAN, are committed to explore on a national scale, the psychological distress experienced by ESWs during the COVID-19 pandemic.

**The aims** are to 1) measure the psychological distress (PD); 2) identify the various institutional and non-institutional factors that influence PD; and 3) inform health institutions about strategies and processes that may help minimize or prevent PD in ESWs during a pandemic.

**How can you help us?** The team needs you to reach your members (ESWs or union representative or ESW managers) who would be willing to participate in a **virtual interview** (Zoom or MS Teams) - duration **30 minutes** - compensation for your time **\$50**.

Our team is also available if you would need any specific information.

Please contact us at: [covidem@montfort.on.ca](mailto:covidem@montfort.on.ca)

**Ethics Board Approval** CER Montfort # 20-21-12-041

Contact [ethique@montfort.on.ca](mailto:ethique@montfort.on.ca)

