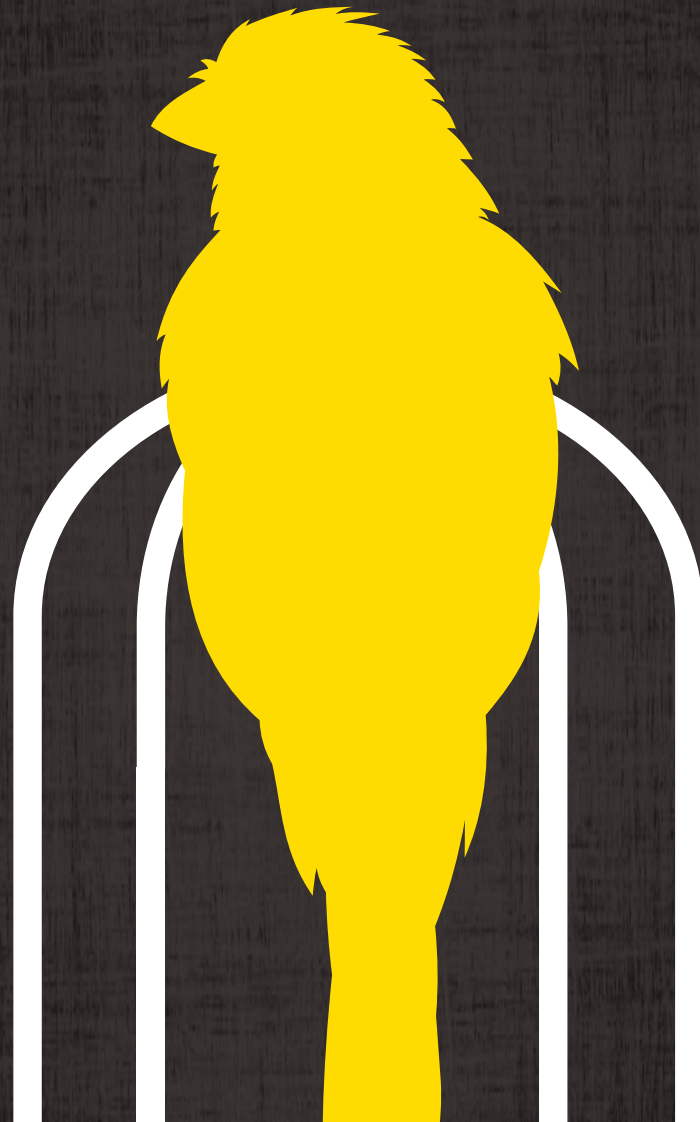


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**HEALTH AND SAFETY**  
**LEARNING SERIES**



**The Health and Safety Learning Series will give you a wide range of knowledge and skills related to workplace health and safety.**

**Whether you are new to your Joint Occupational Health and Safety Committee or looking to gain new skills on specific hazards, this series is for you.**

**Before you start the series, you must complete the 9-hour *Health and Safety - An Introduction* workshop.** After that, you can start taking workshops in the three sections outlined below: **Skills, Perspectives and Specific Hazard.**

**TO RECEIVE A HEALTH AND SAFETY LEARNING SERIES CERTIFICATE, YOU MUST COMPLETE:**

- **All 5 Skills** workshops;
- **At least 3 Perspectives** workshops; and
- **At least 3 Specific Hazard** workshops.

(The workshops do not need to be taken in any particular order.)

## **SKILLS WORKSHOPS**

These workshops will teach you basic skills to be successful while working on a health and safety committee, or as a health and safety representative.

### **THE WORKSHOPS ARE:**

- Basics of Incident Investigations
- Identifying and Documenting Hazards
- Law and Orders
- Making Committees Work
- Recommendations and Notetaking

## **PERSPECTIVES WORKSHOPS**

These workshops will challenge you to think about the different ways that health and safety intersects with human rights issues in our union and our community. You will learn how you can contribute to social justice causes while improving health and safety in the workplace.

### **THE WORKSHOPS ARE:**

- Equality in Health and Safety
- Mobilizing around Health and Safety
- Solidarity Beyond Borders
- Understanding Mental Injuries at Work
- Women and Work Hazards

## **SPECIFIC HAZARD WORKSHOPS**

These workshops will teach you about specific workplace hazards and methods for removing them from the workplace.

### **THE WORKSHOPS ARE:**

- Ergonomics
- Harassment Prevention
- Indoor Air Quality
- Violence Prevention
- Workload and Overwork

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Check out [cupe.ca/health-and-safety](https://cupe.ca/health-and-safety)  
for more information.

